## **Preventive Care**



To be awarded the specified wellness points, submit this completed form prior to the final date of your wellness program. A copy of this form will remain in your Scorecard upload history.

| Please name the preventive service: |
|-------------------------------------|
| (Ex. Annual physical, flu shot)     |
|                                     |

## Instructions:

- 1. Set up your appointment with your health care provider.
- 2. Fill out Section 1 and sign.
- 3. Take this form with you to give to your health care provider.
- 4. Have the health care provider fill out Section 2.
- 5. Login to your Motion Connected account and navigate to the Scorecard.
- 6. Upload a picture or scanned copy of the completed form by clicking on the task title and following the instructions listed.

| Section 1: Participant Information  |                            |  |
|---|----------------------------|--|
| First Name:   | Last Name:                 |  |
| Phone #:  | Date of Birth (MM/DD/YYYY) |  |
| By signing this document, I certify that all information is complete, true and accurate.                          |                            |  |
| Employee Signature:   | Date (MM/DD/YYYY):         |  |
| Section 2: Provider Information   |                            |  |
| Practice/Clinic Name:   | Phone #:                   |  |
| Address:  |                            |  |
| Verification (TO BE COMPLETED BY YOUR PROVIDER):  |                            |  |
| By signing this document, I certify that above Participant completed the exam or vaccination listed on this form. |                            |  |
| Provider First Name:  | Provider Last Name:        |  |
| Provider signature:   | Date (MM/DD/YYYY):         |  |

